

Developing a Maintenance Schedule for Your Gym



Gym equipment require preventative maintenance to be performed in order to ensure functionality, safety for users and longevity of your machines without constantly purchasing new gym or fitness equipment. A preventative maintenance schedule is recommended so that you ensure all fitness equipment has maintenance performed on it. Consider your staff for manpower when creating your maintenance schedules. A simple spreadsheet can aid in creating daily, weekly, monthly and quarterly schedules.

Gym Tech can take care of gym equipment maintenance for you. We have an unparalleled maintenance program in the industry. Our technicians specialize in all fitness equipment repair, exercise equipment repair, and gym equipment maintenance. If you would rather perform maintenance yourself, we offer superb preventative maintenance kits.

Here are some things to consider when developing a maintenance plan for your gym:

Create a Chart

Create a chart for each day of the week. Split each day into different shifts whenever you have staff on the floor. While one staff member is on the floor they can check all cables on the various fitness equipment you have. Another staff member can wipe down the equipment during their shift.

Create a Checklist

A checklist for a staff members shift duties will help to ensure that daily tasks are completed.

Create a Document For All Your Equipment

You can use a simple spreadsheet for document all your exercise equipment. You can include columns for type, model, and warranty information about your gym equipment. This way you can update or change when a machine has been serviced. This will also allow you to track if you require any fitness equipment repair or exercise equipment repair. Gym Tech will gladly help if any equipment needs repair, servicing or new fitness repair parts. We have a **24 hour turn around time**, this enables you to have your equipment fixed and ready to be used as soon as possible.

Plan of Action

Develop a maintenance plan for your fitness equipment. You can plan for daily, weekly, monthly and quarterly maintenance on all your fitness equipment. For example, you can have one of your staff members can wipe down fitness equipment on a daily basis. Gym Tech offers preventative maintenance kits for those that would prefer to do their own gym equipment maintenance.

Create a Strategy

If you have a large facility, you can categorize your machines and split the schedule for gym equipment maintenance based on your categories. For example, whoever is working the morning shift can wipe down the strength equipment, any staff member working the afternoon shift can wipe down all the cardio equipment and so on. Such a strategy will guarantee that all exercise equipment is maintained based on your schedule.



Lastly, implement your schedules!

Gym Tech's Preventative Maintenance Program is the most comprehensive maintenance program in the industry. It is designed to keep your equipment working safely and efficiently and to reduce the frequency of repairs through regular maintenance.

